

The diagram consists of six red gears arranged in a circle, each containing a text prompt. In the center of the gears is a small red figure of a person with a circular arrow around them, indicating a cycle. Five large, empty rectangular boxes are positioned around the central diagram for additional notes or reflections.

Central Gear Prompts:

- Jeg vil arbejde med...
- Det er vigtigt fordi...
- Jeg vil afprøve det i følgende situationer...
- Sådan vil jeg gøre det...
- De første resultater er...
- Jeg vil inddrage /søge hjælp hos...

Surrounding Boxes:

- Top box
- Bottom-left box
- Bottom-center box
- Bottom-right box
- Top-left box